

The Cost of Dental Care

At your first consultation when a treatment plan has been agreed, we will give you a written estimate of the cost of treatment. Following X-ray examination, and whilst treatment progresses, costs may alter and if it does we will keep you fully informed as soon as practical.

The "Denplan" care scheme is paid by monthly direct debit or a single annual payment. The cost can be surprisingly low, even compared with the cost of a single course of treatment within the NHS system.

Payment for private dental treatment may be discussed with the dental surgeons. If you do not understand any aspects of the dental charges, or you are worried about the cost of your treatment, then please do not hesitate to let us know.

Keeping Up To Date

High quality dental care can be ensured by continuing medical education and audit. On occasion you may meet professional colleagues within the practice who are either learning some of our techniques, or observing by peer review. Long standing patients will be familiar with this as well as the occasional television camera crew. If a third party from outside the practice is to be present you will be asked first and there is absolutely no obligation in this respect. However, your support is appreciated in this situation, as communication and education within the profession leads to enhanced standards of care.

Occasionally your chosen dental surgeon may not be available. We will give you as much notice of absence as possible. Invariably this will be due to attendance for continuing medical education which is necessary for all practitioners to maintain contemporary standards of care. If your dental surgeon is not available, we will give you an explanation and endeavour to make alternative arrangements for your treatment as soon as possible.

Patient's Views

If you have constructive suggestions about any part of our provision of service, then please discuss them with the receptionist or your dental surgeon. Your views will be considered at our regular staff meetings. In this way we hope to provide you with the service you need. Please feel free to make your views known. This will provide a relaxed and comfortable environment for your dental care.

Surgery Hours

Monday to Thursday	9am to 12.30pm 2pm to 5pm
Friday	9am to 12.30pm 2pm to 4.30pm
	By Appointment Only

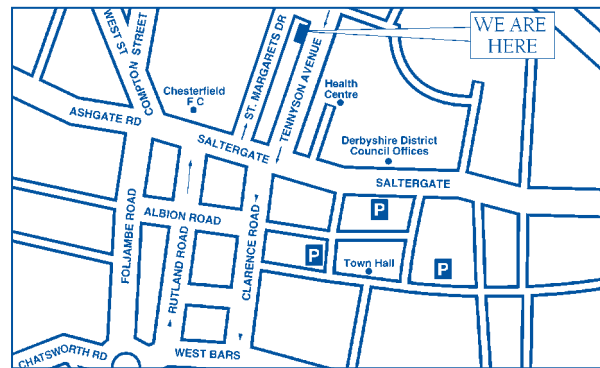
It may occasionally be possible to arrange appointments outside these hours and, where staffing permits, occasional evening surgeries will be provided.

Emergency Dental Care

If you have a dental emergency which needs to be seen the same day, please telephone as early as possible. In case of emergency outside surgery hours, please telephone the normal surgery telephone number, as shown. An answer phone will instruct you how to contact the dental surgeon on call. If treatment is needed, we will endeavour to arrange it as soon as possible. Telephone 01246 234718.

How to Find Us

Tennyson Avenue is located close to the town centre within sight of the Football Ground. There is limited parking on Tennyson Avenue but plenty on adjacent streets. The nearest car park is at the rear of Chesterfield Town Hall which is only three minutes walk from the practice. British Rail is about ten minutes walk away and most bus routes pass within a few hundred metres of the surgery.



32 Tennyson Avenue, Chesterfield, Derbyshire S40 4SP
Telephone 01246 234718
www.dental-clinic.co.uk

Christopher Holden & ASSOCIATES Dental Surgeons

Gentle Comfortable Care

Welcome to Our Practice

Our aim is good dental health, helping you and your family to maintain a healthy lifestyle. Regular dental care and understanding how to care for your teeth will ultimately reduce your need for dental treatment.

This leaflet is designed to answer some basic questions but, if you require any additional information, please do not hesitate to ask. We shall always be pleased to discuss your individual needs and welcome your comments, or questions, on any aspect of our practice. Our aim is to help and maintain your dental health with *gentle, comfortable care*.

The Dental Surgeons

Christopher Holden qualified from Sheffield University in 1981. He has worked in both the hospital services and general dental practice. With a special interest in pain and anxiety control, he regularly lectures and teaches on postgraduate courses to doctors and dentists in the fields of Intravenous Sedation and Advanced Life Support. He has taught widely both in the UK and at major meetings in Europe, Africa and Australia.

Christopher has produced two video films on the safe practice of Intravenous sedation, one of which is being used in over twenty countries. He has a strong commitment to postgraduate education for the benefit of patients, serving on professional committees nationally within the Royal College of Surgeons of England, as well as locally. Christopher is trained in both the surgical and restorative aspects of the Branemark dental implant system.

Associate dental surgeons working with us are chosen particularly for their special interest in the care of the anxious and frightened patient. This ensures that our patients can confidently benefit from the comfortable techniques with which they are familiar. The skills required for working in this type of practice are not universally found amongst practising dental surgeons. All our associates are experienced in their fields of interest and are committed to postgraduate education for your benefit.

Our Choice of Services

Private treatment is routinely available and we will be pleased to explain your options and the relative cost.

We are a "Denplan" registered practice. This is an alternative and inexpensive method of obtaining quality dental care at minimal cost. As well as budgeting for quality time these schemes have the advantages of accidental insurance and cover whilst abroad.

To help you look after your teeth we offer a wide range of good value quality products.

How to Register

If you wish to join "Denplan", then please make this clear to the receptionist and dental surgeon. We will provide an assessment following examination at no extra charge. Otherwise, you will be treated by private contract and you will be offered a written estimate of treatment cost for you to consider before you commit yourself to any dental care.

Your children can be registered with the practice at their next dental examination. We regard children as priority patients and do everything possible to make their visits pleasant and enjoyable. Children of registered patients under the age of eighteen will be cared for free of charge. This encourages preventive care, helping to achieve good dental health and minimising problems later in life.

Facilities for the Disabled

We have special facilities to assist people in wheelchairs and for those who cannot cope with stairs.

If you are confined to a wheelchair, or cannot climb stairs easily, do not worry - simply ask. This is a family practice and we have always taken care of disabled patients.

If you discuss your disability with the dental surgeon, special facilities can be arranged to provide your care in maximum comfort.

Our Range of Special Services

Please tell us if you have any special needs. Even if you are unable to visit the surgery, just telephone and we will do our best to help.

Preventive care

This is the core of modern dentistry. Scientific knowledge makes it possible to reduce dental disease considerably but this does require a joint effort between patient and dentist. Regular dental checkups are the basis of successful preventive care. Please ask about dietary advice, fluoride treatment and sealants.

Cosmetic work

Cosmetic treatments are available, including full mouth rehabilitation. Simple and complex crown and bridgework, veneers and white fillings are all available within the practice.

Implants

Even when teeth have been lost and there is no root which can be prepared for a "screw-in" tooth, patients are no longer necessarily committed to a space or a denture. Dental implants can be provided for single, or multiple teeth, which can often entirely eliminate a denture. Please ask for a leaflet.

Anxious and Frightened Patients

Acute anxiety, distress or even desperation about dentistry are not unusual. This practice is dedicated to the care of the anxious and frightened patient. We are proud of our international reputation in this field and there are several techniques which can be used to help you. The range includes relaxation, hypnosis, inhalation sedation, oral sedation, intravenous sedation or even general anaesthesia, if necessary. For these sophisticated techniques our practice is equipped to the highest standards and our staff thoroughly trained with continuing further education.

You will notice that our surgeries are modern, inviting and "hi-tech". Nonetheless, we believe the sympathetic and gentle care are the greatest needs of the truly frightened patient.

